



Immanuel Lutheran School Hot Lunch Menu January 14, 2019 ~ February 1, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
January 14 Chicken Soup Cheese Sandwich on Wheat Bread (WG) Fresh Mixed Vegetables with Ranch Dressing Fresh Fruit	January 15 Homemade Hamburger Helper (WG) Mixed Tossed Salad Green Beans Roll (WG) Pears	January 16 <i>Breakfast for Lunch</i> French Toast Sticks (WG) Sausage Hash Brown Potatoes Orange Juice	January 17 Spaghetti (WG) with Meat Sauce Tossed Salad Garlic Bread (WG) Strawberries	January 18 Hamburger on Wheat Bun (WG) Oven Fries Baked Beans Cheese Slice Lettuce/Pickles Tomato Slices Fresh Fruit
January 21  NO SCHOOL MARTIN LUTHER KING JR. DAY	January 22 NO SCHOOL  TEACHER IN-SERVICE	January 23 Grilled Cheese Sandwich on Wheat Bread (WG) Ravioli Green Beans Vegetarian Beans Fruit Cup	January 24 Spaghetti (WG) with Meat Sauce Tossed Salad Bread Stick (WG) Fresh Fruit	January 25 Papa John's Cheese Pizza (WG) Fresh Carrots with Ranch Dressing Peas Oranges
NATIONAL LUTHERAN SCHOOLS WEEK ~ REAL. PRESENT. GOD.				
January 28 Ham and Cheese Sandwich on Wheat Bread (WG) Lettuce/Tomatoes Fresh Mixed Vegetables Fresh Fruit Cake	January 29 Chicken Nuggets Mashed Potatoes Corn Roll (WG) Applesauce	January 30 Taco in Hard Shell (WG) Refried Beans with Salsa Cheese/Lettuce Cup Tomatoes/Sour Cream Fresh Fruit	January 31 Spaghetti (WG) with Meat Sauce Tossed Salad Garlic Bread (WG) Pineapple	February 1 Hamburger on Wheat Bun (WG) Oven Fries Cheese Slice Lettuce/Pickles Tomato Slices Fresh Fruit

Milk Served Daily



Fruits and vegetables may be substituted - 1/2 cup fruit or vegetable must be taken.
This institution is an equal opportunity provider.



Offer vs. Serve - Choose 3, 4, 5